



Today's Take-Aways

Infection Prevention and Control

- Following regional discussions on universal masking, we are pleased to share that there will be more masking changes coming into effect Monday, June 19th that will align us with our regional partners. In conjunction with this, hospital-wide masking signage will be updated. Stay tuned!

Occupational Health and Safety

- Please note that the refresher for Safe Client Handling will once again be available on Wednesday, June 21st from 9:30 a.m. to 11 a.m. in room C142.

Departmental Updates

Information Technology

- We are pleased to announce that the Office 365 password change will now take place this Sunday, June 18th starting at 12 p.m. A memo regarding this was sent out on Wednesday. The difficulties to date that resulted in a delay had to do with the size of our organization and the fact that not enough time was allocated to synchronize almost 1,000 email accounts with temporary passwords. To mitigate that issue this time around, we will start at noon on Sunday which should allow plenty of time to synchronize accounts. Please note that IT staff will be on site during the transition to assist staff who are working with the setup of their new passwords for email access. We apologize for any inconvenience this might have caused.

Emergency Department

- In partnership with the Starlight Foundation, our ED is one of a number of hospitals throughout the province to be gifted with an Apple TV device and a subscription to the Disney Movie Moments Program which will enable us to stream special screenings of newly released Disney movies on two mobile devices. The team is excited to be able to offer this to some of their younger patients and also to our paediatric patients on Surgical.

Environmental Services

- EVS is trialing a new staffing model to meet the needs of our Pharmacy department as there is a higher level of required standards and practices with regards to their sterile environment. The new model will allow for stability, efficiency, and the certification and training needs required to work in this area.

Spiritual Care

- Our hospital's twice a year public memorial service took place June 4th, at Our Lady of Lourdes Parish. Around 100 people attended, with families lighting a candle in honour of their loved one as their name was read out. Following the service, we had a time of visiting and refreshments in the parish hall.

Today's Take-Aways Continued

Many people participated in making this service a success, ranging from a Protestant pastor, a Catholic priest, an outstanding musician and singer, and hospital staff and volunteers. Many family members expressed thanks to the hospital for honouring their loved ones and offering ongoing support for families.

Surgical Program

• Now settled in on 2nd Floor, Tower A, the Surgical team would like to thank to everyone who helped with their move last week and ensured that it went as smoothly as possible.



Tower A:

• *Cancer Care Project:* Pharmacy started chemotherapy preparation in their new sterile room June 13th. Decontamination and decommissioning of the old rooms is underway. The renovations of the old rooms will take place over the summer.

• Regarding the *Surgical Day Care Project*, work continues with the rough-in of the mechanical HVAC and electrical services. The Food Services exhaust fan was replaced and the new supply fan was received and will be operational by the end of this month. A crane was recently on site to lift the HVAC Roof Top Units (RTU) and the new air handlers into place in our 3rd floor and penthouse mechanical rooms. The Surgical program and patients were relocated to the 2nd floor South Wing of Tower A on June 8th.

• On our 4th floor Obstetrics unit, the new HVAC system for the nursery and the south corridor was installed. Work on all the plumbing upgrades have now been completed along with most of the patching of the wall openings. The electrical wiring in the patient rooms is being upgraded to code for patient care. Suspended ceilings are being installed with new LED lighting. Painting has started in the patient rooms, nursery, nursing station and rotunda.

• In the 5th floor A537 washroom and in the A536 housekeeping room, the ceilings were installed with new LED lighting. The sink and toilet will be installed next week after the painting is complete.

• The installation of a ventilation and heat recovery system for the bike storage area and in the corridor storage room on the 1st floor north wing was completed.

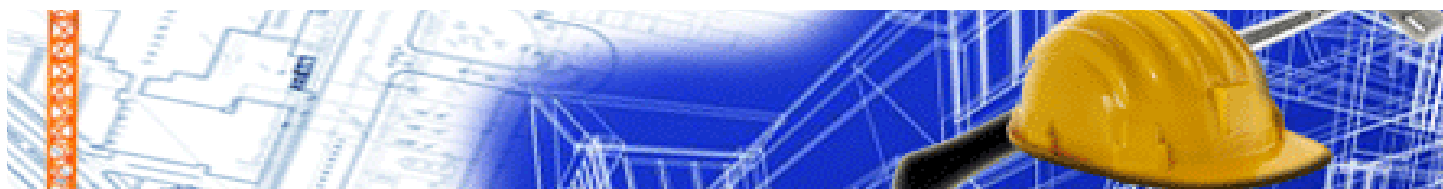
• The nurse call system contractor completed the installation on the 2nd floor Medical south wing and AMH. Installation will be starting on the 4th floor Obstetrics north wing.

Tower B:

• The roof replacement is ongoing.

Tower C:

• The main entrance ground floor renovation project is going out to tender the week of June 12th.



Connecting with the CEO - In Case You Missed It

June 2, 2023

I wanted to take a moment this week to share with you some of the tremendous work that takes place behind-the-scenes with regards to physician recruitment.

In the June 1st edition of *The Pulse*, we highlighted the 12 visiting medical students from the University of Ottawa who were here as part of an annual *Community Week* program. This is just one way we make early connections with new health care professionals with the hope of planting a seed for future recruitment.

However, ongoing recruitment efforts consist of far more than this including advertisements in medical journals and on major physician recruitment websites, representation at job fairs and conferences, and medical student/resident rotations.

In order to stay informed about all of these activities, our Senior Leadership Team meets bi-weekly with Medical Affairs to not only receive updates but also to see how we can support the work that is being done.

Currently, I can share that our Medical Affairs team is in regular communication with 11 physicians who we are hoping will choose PRH when the time is right, representing specialties in internal medicine, intensive care, urology, paediatrics, and family medicine (hospitalist).

More specifically:

- We continue to recruit for our ICU in order to establish a full physician compliment. A number of Intensivists have shown interest in the PRH ICU and will be seen throughout the summer completing locum trial weeks.
- Medical Affairs will be hosting an upcoming site and community recruitment visit later this month for a urologist interested in establishing a full-time practice at PRH in addition to our current urology physician compliment.
- Recruitment efforts continue with a neurologist and internal medicine specialist from Dublin Ireland who plans to relocate to our area this summer and will begin supporting the Internal Medicine Department on a full-time basis in the fall.
- A paediatrician will be visiting PRH at the end of June to explore opportunities for outpatient paediatric clinics and NRP (Neonatal Resuscitation Program) support.
- Physician Recruiter Debbie Robinson continues with primary care recruitment efforts for Renfrew County and recently hosted a promising community visit for a primary care physician from the UK.

And we are very pleased to share that, after a year of ongoing recruitment efforts, our ICU will be welcoming Dr. Hakeem Al Hashim, an Intensivist from Oman who will be arriving at PRH near the end of June for a 3-month trial. Dr. Al Hashim completed his Internal Medicine and ICU training in Toronto before heading back to Oman where he has since been working at the Sultan Qaboos University Hospital where he assisted in the development of their ICU program.

I also wanted to highlight the work that Debbie and Katie Hollahan, Interim Medical Affairs Coordinator did while attending the Society of Rural Physicians of Canada (SRPC) 30th Annual Rural and Remote Medicine Conference in Niagara Falls April 19-22.

Supported by Dr. Margarita Lianeri, Dr. Katie Forfar and Dr. Paul Lavigne, the three-day conference which hosted over 800 people from across Canada yielded a great list of contacts for those with an interest in Family and Hospitalist medicine – so more to come!



Connecting with the CEO - In Case You Missed It

June 9, 2023

As you know, our EDI (Equity, Diversity and Inclusion) Committee has been meeting regularly while developing ways in which our hospital can improve not only the patient experience but also our work environment so that everyone feels a sense of belonging and acceptance while receiving care or employed as part of our health care team.

Part of this work includes the expanded recognition and celebration of all those who are part of our community by acknowledging special days, weeks or months on our digital screens and social media sites. We are also trying find ways to do more and this month is no exception.



In June we recognize and celebrate Pride Month and National Indigenous History Month. As part of our aim to provide EDI opportunities for education and learning, we will be working with representatives of the LGBTQ2S+ and Indigenous communities to offer a variety of activities.

While details are still being finalized, we are partnering with representatives of Pembroke Pride, Renfrew Pride and Pflag Canada – Renfrew County to host one or two 30 minute Lunch ‘n Learn sessions, open to all, that will focus on resources within the county and ways in which we can support both our PRH community and those who come to our hospital for care. This will include such topics as the use of pronouns, how to address individuals and more.

We also plan to share some of the resource information not only in staff communications but also on our public social media sites.

In recognition of National Indigenous History Month, PRH will have representation at the June 21st National Indigenous Peoples Day event taking place at Pembroke’s waterfront between noon and 5 p.m. That afternoon, we will also welcome Nish Nabie who will facilitate an onsite Healing Circle with Native Drumming from 1-2 p.m. More details on the location of this special event will be shared soon.

We have also made plans to host The Kairos Blanket Exercise, Wednesday, July 5th from 12-1:30 p.m. Facilitated by representatives from The Circle Of Turtle Lodge in Golden Lake, this 90-minute learning opportunity features participant interaction and tells the story of Canadian history from an Indigenous perspective. The session concludes with an opportunity to discuss and share feedback about the experience. This unique opportunity will be available for up to 30 staff or physicians who are interested and available. Details about sign-up will be shared soon.

I’m excited that we have been able to coordinate these activities and I’m hopeful that they will not only be well attended, but also well received and help pave the way for other EDI work and initiatives.

Equity | Diversity | Inclusion

Upcoming Recognition and Celebration Dates

June	Father’s Day - June 19
National Indigenous History Month	Canada Day - July 1
Pride Month	Civic Holiday - August 3
Stroke Awareness Month	Labour Day - September 6

National Indigenous History Month 2023



Drumming circles are known to help boost the immune system and promote physical healing.



As We Recognize
*National Indigenous
History Month*
We Welcome Nish Nabie
Who Will Lead
A Healing Circle and
Native Drumming

Wednesday, June 21st,
1-2 p.m.
In The Chapel

Everyone is welcome to drop in.
Hosted By The PRH EDI Committee

PRIDE MONTH 2023

In Celebration Of Pride Month, We Invite You To
Attend One Of Two Lunch 'N Learn Sessions:

Thurs., June 22nd, 12:30-1 p.m. - C142

Mon., June 26th, 12:15-12:45 p.m. - C142

To register, call extension 6165
or email carolyn.levesque@prh.email and
indicate which session you would like to attend.

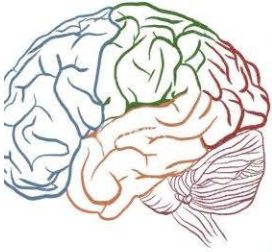
Join representatives of
Pembroke Pride,
Pflag Canada – Renfrew County,
and
Renfrew Pride
for an informative session
with a focus on resources
within the county
and ways in which we can
support both our
PRH community and those who
come to our hospital for care.

This will include such topics as
the use of pronouns,
how to address individuals
and more.

Hosted By The
PRH EDI Committee

Stroke Awareness Month

STROKE CARE IN RENFREW COUNTY



WHO

We at PRH are the District Stroke Centre for Renfrew County! The Ottawa Hospital Civic Campus is the Regional Stroke Centre

WHAT

At PRH we provide Stroke Services such as a Stroke Prevention Clinic, a Telestroke Thrombolysis Centre, Acute Stroke Care and Inpatient Stroke Rehabilitation

HOW

Our teams have specialized stroke care knowledge, skills and resources to support our patients care. PRH collaborates with the Champlain Regional Stroke Network to ensure we meet stroke best practices.

CRSN is a key healthcare partner supporting coordination of stroke care throughout the Champlain LHIN and across all points in the stroke care continuum.

Stroke is a medical Emergency and every minute counts (Time is Brain!)

If you suspect someone is having a stroke, experts recommend using the F.A.S.T. method.

F: Face drooping?

A: Arm Weakness

S: Speech Difficulty

T: Time to call 911

Did you know?

Care on a designated Stroke Unit reduces likelihood of death and disability by 30%!



Our *Code Stroke* process activates and mobilizes our resources in the hospital to act in urgency. The patient receives assessment and imaging of the brain to guide the patients treatment options. The treatment and management will be determined based on the type of stroke and the symptom onset time.



What Does It Mean to Be Trauma Informed?

Trauma informed practice

There is a high prevalence of trauma in people with concurrent disorders. Trauma may include:

- Early childhood abuse (physical, sexual, or emotional)
- Rape or interpersonal violence as an adult
- Experiences associated with political oppression in refugee or other immigrant populations

People who have suffered previous traumatic experiences may not want to trust you or follow through with your treatment recommendations. Their perspectives of safety, relationships, identity of self and others may be altered as a result of trauma.

Trauma informed service involves understanding, anticipating, and responding to issues, expectations, and special needs that are often present in survivors of trauma. This includes reducing the risk of re-traumatization. You will need to shift the focus from asking What's wrong with you to What has happened to you?

Assessing for trauma

- Clarify confidentiality
- Be prepared to listen
- Accept the information
- Express empathy and caring
- Acknowledge the prevalence of abuse
- Validate the disclosure
- Address time limitations
- Offer reassurance
- Collaborate to develop an immediate plan for self-care
- Recognize that action is not always required
- Ask whether this is the person's first disclosure

What NOT to do after a disclosure

After someone discloses trauma, do not:

- Convey pity (Oh, you poor thing)
- Offer simplistic advice (like Look on the bright side or Get over it)
- Overstate or dwell on the negative (A thing like that could ruin your whole life)
- Smile (a neutral or concerned expression is more appropriate)
- Touch the survivor without permission, even if you intend it as a soothing gesture
- Interrupt
- Minimize or ignore the person's experience of trauma, the potential impact of the trauma, or the decision to disclose (like How bad could it be? or Let's just concentrate on your schizophrenia.)
- Ask intrusive questions that are not pertinent to the treatment or consultation
- Disclose your own history of trauma
- Give the impression that you know everything there is to know on the subject

If you think you may have responded inappropriately to the disclosure, or if the person's feedback suggests a negative reaction to your initial responses, you should immediately clarify your intended message and check for further reaction.

More information

- [Alberta Health Services Trauma Informed Care Resources](#)
- [British Columbia Trauma Informed Practice Guide](#)
- [Manitoba Trauma Informed Information and Education Centre](#)

The 4 Rs of Trauma-Informed Care

#TraumaInformedCanada

A program, organization, or system that is trauma informed:

1

REALIZES

the widespread impact of trauma and understand potential paths for recover;

2

RECOGNIZES

the signs and symptoms of trauma in clients, families, staff, and others involved with the system;

3+4

RESPONDS

by fully integrating knowledge about trauma into policies, procedures, and practices; and seeks to actively

RESIST

re-traumatization

It's about asking what happened to a person, **not what's wrong** with them.

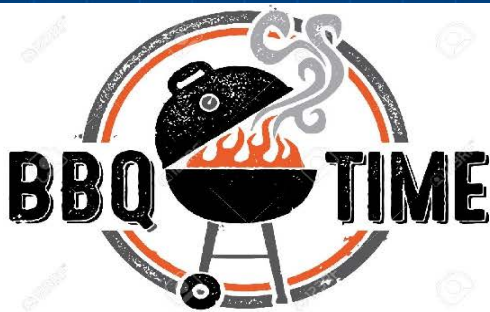
Substance Abuse Mental Health Administration (SAMHSA, 2012)

An interactive E-Learning series through Alberta Health Services

An optional module has been uploaded to PRH E-Learning—Course Catalogue—Trauma Informed Care for staff who are interested. This can be taken by any member of the organization.

Certificate Available upon completion of series

Contact Clinical Education if more information required



Summer Is Here!
We're Celebrating With A Staff Appreciation BBQ In Appreciation For All That You Do!



WEDNESDAY, JUNE 28, 11am-1:30pm



MENU: Hamburger or Chicken on a Bun (garnished to order), Coleslaw, Water or Pop and an ice cream cup.
Gluten free salad option will be available for those who need it and the entrees can be bunless.

TIMED pre-orders will be taken for LARGE group orders (10+). NOTE: Pre-ordered entrees will NOT be garnished. Timeslots are scheduled in 15 minute intervals starting at 11 a.m. and available on a first-come first serve basis. Please email all pre-orders to pr@prh.email by June 23rd. Specify # of burgers/chicken and pickup time.

Enjoy! All compliments of Pembroke Regional Hospital.

Need a space to eat? Try the cafeteria, exterior deck or the Rehab deck.

**THE LUNCH BOX WILL BE OPEN FOR DINNER FOR EVENING STAFF FROM 4-6 P.M.
PACKAGED BURGER MEALS WILL BE DELIVERED TO UNITS FOR NIGHT STAFF.
STAFF WHO WORK OFFSITE ARE INVITED TO DROP BY FOR LUNCH - TAKEOUT AVAILABLE, OR MANAGERS CAN ARRANGE A SIMILAR MEAL FOR OFFSITE STAFF.**

LEAN IN

On June 8th, approximately 60 staff gathered in the cafeteria to hear the first in a series of *Lean Report Outs* which are scheduled to take place several times throughout the year. Aimed at not only providing an update on the hospital's goals, but also showcasing some of the innovative improvements that are being made throughout the organization, the first session did not disappoint!

PRH President and CEO Sabine Mersmann provided an overview of the hospital's goals outlined in the annual Quality Improvement Plan, noting that they are chosen in consultation with all stakeholders and Ontario Health.



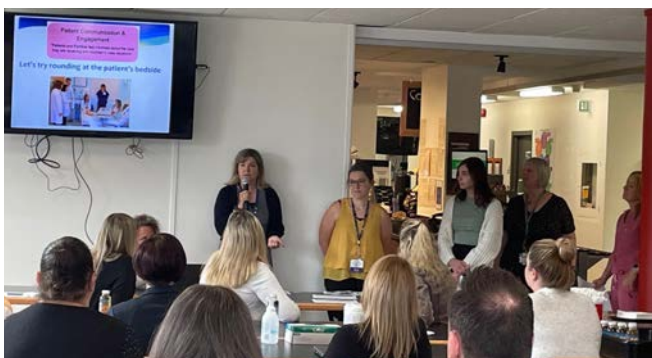
Recapping the 2022-2023 goals:

- Ensure that patients and families feel informed about the care they are receiving and are involved in care decisions.
- Establish innovative staffing models that can be implemented in 2023 to stabilize the workforce.
- Create a workforce that has strong leadership and can respond to the current needs of the population seeking care.
- Ensure Pembroke Regional Hospital maintains Accreditation from Accreditation Canada.

Sabine noted that some tremendous progress was made towards our targets in 2022-2023, 102 improvements were made, we were successfully accredited and we achieved 90% of what we said we would do!

She then introduced the goals for 2023-2024:

- Improve the experience of patients and families at transition from hospital to community through effective communication.
- Maintain the safety of our patients by improving the current performance related to Never Events.
- Improve the proportion of discharged patients for whom a Best Possible Medication Discharge Plan was created.
- Improve Safety Culture by decreasing the proportion of violence reports that escalate to incidents through improved violence prevention training.
- Stabilize hospital workforce through sustainable Patient Care Teams.
- Creating a strong workforce that feels engaged and valued.



With regards to the latter, Sabine reported that work is already underway to address staff engagement through improvements based on staff and physician survey results, as well as department-specific improvements based on staff input. In addition, PRH is making communication and recognition hospital-wide priorities.

Staff then shared the successful re-launch of bedside rounding on the Medical unit which involves all members of the health care team including physicians, nurses, Rehabilitation assistants, dieticians, physiotherapists, occupational therapists as well as representation from Home and Community Care Support Services, social work, spiritual care, and discharge planning. **Continued on Page 10**

LEAN IN

Not only is this Best Practice, but it enables patients and families to share in goal planning, all members of the team to be involved in discharge planning and ensures that everyone is on the same page in terms of the care plan and post-discharge needs.

And rounding out the session, staff from Medical Records spoke about recent improvements to the release of information process which have resulted in increased efficiency, a much shorter term around time and a process that now has little to no cost to the patient.



Emergency Preparedness

As part of ongoing emergency preparedness training, the Pembroke Regional Hospital regularly engages with community and regional partners in order to ensure that existing procedures work well in an emergency situation.

On June 5th, the 427 Special Operations Aviation Squadron of the Canadian Special Operations Forces Command, teamed up with PRH to conduct a medivac exercise involved the simulated transfer of a patient to our hospital's Emergency Department via helicopter.

We value the partnership we have with the Canadian Armed Forces, including Garrison Petawawa, so that training opportunities like this can be conducted.



Foundation News

Pembroke Regional
Hospital Foundation



Fondation de l'Hôpital
Regional de Pembroke

WIN A BOAT FOR DAD

PLAY BY
JUNE 22



IN SUPPORT OF

SPRING LOTTO

FOR HEALTHCARE



Main Draw LL #1305221 | 50/50 Draw LL #1304407



Week #36 You Could Win over
\$162,000!

www.PRHcatchtheace.ca



JUNE 21ST, 2023

FAMILY PIZZA NIGHT

ORDER THE SPECIAL
OUTLINED BELOW

AND THE PEMBROKE REGIONAL HOSPITAL WILL RECEIVE A
\$5.00 CONTRIBUTION FROM EACH ORDER

\$12

Offer code: FAMILYP

1 LARGE

PEPPERONI OR CHEESE PIZZA

\$5.00 from every order will be donated

ORDER THROUGH
THE DOMINO'S APP
— OR ONLINE AT —
WWW.DOMINOS.CA



Pizza Day is BACK in
support of the
Pembroke Regional
Hospital!

NEXT Wednesday, June 21st

Get your LARGE pizza for \$12 and
\$5 will be donated to the PRH
Foundation for each pizza
Purchased.

Valid at 938 Pembroke RPO 9 E
Pembroke, ON
www.dominos.ca

Offer valid online, over the phone and in-store. For carryout and delivery. While supplies last.



CELEBRATIONS

To include a special message in this section, email celebration&recognition@prh.email.

- Shout out to **Rita Amodeo and Nancy Methot** for planning and organizing *Community Week*. This is a great way to showcase what PRH and the Valley have to offer to future physicians. *Laurie Menard*
- Carolyn Levesque recently celebrated the **Maintenance team** for their help in clearing out the storage area in the Admin wing on short notice and putting everything back when the construction work in that area was complete. This was extremely helpful. Thank you, *Sabine*.
- “I would like to celebrate the **AMH staff, patients and nursing students** who worked together to plant the flowers on the AMH patio. Looking forward to enjoying the patio space and the outdoors for another season.” *Cheryl Summers*



- “There is so much to learn when starting to work in the community. Getting used to the electronic documentation system and programming your work phone with co-workers and other pertinent phone numbers are just a few tasks to be named. I would like to celebrate **Daniel Klotz in IT** for his help with ensuring a new staff member will have their work phone and laptop ready to go on their start date with CMH. Having this organized allows for a much smoother orientation process.” *Erica Mulligan*
- Carolyn Levesque celebrated the **Food Services team** for trying out new food items on the menu, noting that the fajitas were amazing. This is really wonderful and thank you so much for being innovative and trying new things. I personally also love the new packaging. Well done! Thank you, *Sabine*
- “Thank you **Kelly Malley** for identifying that some of the wheelchair sizes are incompatible with the majority of Carefor’s vehicles. Kelly contacted Carefor regarding the transport of one patient and they confirmed the incompatibility related to the size of the wheel chair. By doing this and ensuring that the patient would be transported in the one vehicle that could accommodate the size, this ensured that the patient could receive his urgent surgical consultation.” *Michael Peters*
- Thanks to everyone who assisted with the Surgical program move - between the **EVS team, Maintenance team, IT team, Nursing and HCA and CE team, Physio and OT team, Pharmacy team, Dietary team, Patient information team** - please thank all your team members and leads who made it happen in a safe and efficient manner. True teamwork!!! *Heather*
- Beth Brownlee celebrated **Carolyn Levesque** for her support with the Lorrain School of Nursing alumni tour. She really appreciated her guidance and the fact that she came in on Saturday to do this. Thank you, *Sabine*
- Katie Hollahan celebrated **Amy Kuehl and Katie Birkas** for their amazing help with figuring out the billings and contracts for one of our physicians. She said they were very helpful and so prompt with their replies. Thank you for all your help with this and the great work you do every day! *Sabine*
- I would like to celebrate **Heather MacMillan, Karen Gauthier, Annette Davidson, Amanda Godin, Lisa Bradley, Michelle Godsell, the Surgical team, therapy team, Materials Management, IT, Pharmacy, Environmental services, Plant Services, Health Records, Jacob Dickerson, IPAC and Occupational Health** for all your help and diligence in ensuring a safe and smooth transition from 3A to 2A for our patients and staff. Your collaboration and support were instrumental in the success of this move! *Beth Brownlee*

CELEBRATIONS

• “Amazing job **Isaac Anderson and Madison Smelko**. Together, Isaac and Madison were quickly able to identify a change in a patient’s condition and immediately activated a code stroke. As a result the patient was able to receive quick medical treatment” *Kelly Malley*


• Our District Stroke Centre Team - Hope Weisenberg, Danielle Rae and Lisa Bradley, presented certificates of excellence and “Time is Brain” pins to **Madison Smelko and Isaac Anderson** who work on the Medical unit. They quickly recognized the sudden onset of stroke warning signs with one of our inpatients, activated the inpatient Code Stroke and the patient was eligible to receive tPA and was being transferred to Ottawa for Endovascular Therapy (EVT). Well done!!!



Lorrain School of Nursing Class Of 1973

As part of a 50th anniversary celebration for the Lorrain School of Nursing’s Class of 1973, some of the ladies returned to our hospital today for a tour and social time in the cafeteria on June 10th.

It was wonderful to hear all the stories about their time in residence in what is now Tower C and all the memories they had of the buildings years ago.



NEW ON PRH INTRANET

We are working hard to make the resources you need more accessible!

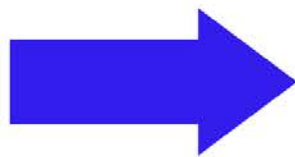
**Pembroke Regional Hospital Intranet
Policy and Procedure Manual**

[Policy and Procedure Manual](#)

[Clinical Skills Manual](#)

[PRH Antibiogram 2021](#)

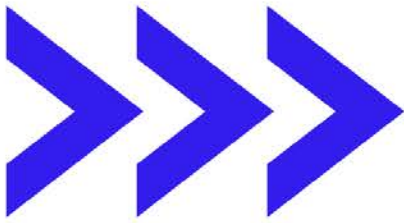
[Guidelines for Empiric Antibiotic Therapy](#)



[Lab Test Reference](#)

Trying to figure out what a lab test is? What container to use?

Introducing the lab test reference online manual.



EXAMPLE: 24 HOUR URINE FOR OSMOLALITY

1. search

EORLA ALREO
Test Directory

2. choose

Action	Description	LIS Code	Sector	Version	Updated on
	Cobalt - 24 hour urine	-	Biochemistry	v.6	2023-06-01
	Copper - 24 hour urine	-	Biochemistry	v.11	2023-06-05
	Cortisol - 24 hour urine	-	Biochemistry	v.11	2023-06-01

0 (1)

Action	Description	LIS Code	Sector	Version	Updated on
	Osmolality - 24 hour urine (PRH)	-	Biochemistry	v.3	2023-03-30

3. review info

OSMOLALITY - 24 HOUR URINE (PRH)

Description	Osmolality - 24 hour urine (PRH)
Sector	Biochemistry
Ordering form	Biochemistry

SAMPLE

Regular container	1 24HR Urine Container
--------------------------	------------------------



Sample	Urine
Required vol/qty	Full 24 hr collection



NEW ON PRH INTRANET

*We are working hard to
make the resources you
need more accessible!*

Pembroke Regional Hospital Intranet

Education

[Code of the Month](#)

[Corporate Orientation](#)

[PRH eLearning System](#)

[Presentations](#)

[Code Silver Training Video](#)

[Code Silver Training Video \(Alternate Link\)](#)

[PRH Pumps](#)

- **Bair Hugger**
 - [3M Operator Manual.pdf](#)
 - [Bair Hugger Quick sheet](#)
 - [Bair Hugger Training Video](#)
 - [Bair Hugger Warming Gown Training Video](#)
- **Bladder Scanner**
 - [BladderCan i10 Training Video](#)
 - [BladderScan i10 Operations & Maintenance Manual_Canada_091](#)
 - [Symbol Glossary i10.pdf](#)
- **CADD Solis**
 - [CADD Solis Quick ReferenceNov 2014.pdf](#)
 - [CADD Solis Start up Guide.pdf](#)
 - [CADD Training Video-NOTE PRH DOES NOT HAVE QUALIFIED](#)
 - [Cleo Set Insertion Training Video](#)
- **IV Pump Plum 360**
 - [ISMP_Overflow_Management_2014.pdf](#)
 - [Plum 360 Training Videos password PLUM360Showcase](#)
 - [QR Code ICU Medical.png](#)
 - [Reference Card.pdf](#)
 - [Troubleshooting.pdf](#)

**Check out PRH pumps for
information, quick start guides,
videos, and troubleshooting for
pumps**

Pembroke Regional Hospital

Heat up the savings this summer!

Get exclusive rates with Co-operators
Group Home and Auto insurance.

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 co-operators



Tour de **BONNECHERE**



Sunday

August 27, 2023

Four Scenic Routes from Wild to Mild

100 km Monarch of the Mountains ~

65 km Bonnechere Beauty ~

50 km Gravel Grinder ~

20 km Cave Coaster ~

OR Create your own virtual route

Celebrate after with
Live Entertainment
BBQ ~ T-shirts ~
Door Prizes

Money raised will support mental health initiatives throughout
Renfrew County, the Eganville Food Bank as well as
the vital work of other partner community agencies.



For more information and to register online
visit: tourdebonnechere.blogspot.com/

— HAPPY FATHER'S DAY —

**From your fans at the PRH
Sunshine Gift Shop**

**20% off all Regular
Priced Merchandise**

June 1st to June 23rd





New Spring Line: PRH Clothing and Accessories



Yoga Jackets (Women's and Men's styles) **\$60**
• Optional embroidery on the right sleeve \$5 extra

T-Shirts (Women's and Men's styles) **\$30**
• Optional embroidery on the right sleeve \$5 extra

Ball cap **\$38**

** Tax and PRH embroidered logo included in price. Spring/Fall jackets and fleece sweatshirts are still available to order as well.*

Please note that all PRH items are sold at cost. As a result, no additional discounts will be applied.





2023
As a member, you can
SAVE UP TO 25%
on your next stay at Great Wolf Lodge

Members save up to 20% on a 1 night stay & up to 25% on a 2+ night stay.

You're going to love winding down our waterslides, dining in one of our fantastic restaurants and building family traditions. All of our lodges include a colossal, 28° indoor waterpark, daily activities, spacious family suites and much more. So clear your calendar and head to your nearest Great Wolf Lodge.

To take advantage of this offer, simply provide your unique offer code when booking, and present a valid work ID, member ID or documentation at check-in.

PEMBROKE REGIONAL HOSPITAL
Offer Code: PEMBIG8

For more information, visit greatwolf.com or call 800.905.9653

Valid on 2 per night stays and must be reserved at time of booking. Limited number of rooms available for each stay. They must be valid during holiday and seasonal periods, or combined with any other discount or promotional offer. Multiple night minimum may apply. Offer based on four guests per room and must have one individual 21 years of age or older staying in each room. Offer may be restricted to any time without notice. Offer is not transferable and is not redeemable for cash. Must present valid work ID, member ID or documentation at check-in or regular rates apply. Limit of four rooms per valid ID. Additional charges may apply for theme and premium suites, weeknights and holidays.









Pleo and Partners Mobile Support Group

For parents/caregivers of youth up to age 25 who are living with mental health/addiction challenges

3rd Tuesday of Every Month from 6:30pm - 8pm

Upcoming sessions

- 01 April 18, 2023 - Eganville**
Bonnehore Union Public Library (74 Maple St)
Partner: Pembroke Regional Hospital
- 02 May 16, 2023 - Petawawa**
Health Centre (154 Civic Centre Road)
Partner: Petawawa Centennial Health Centre
- 03 June 20, 2023 - Cobden**
Anglican Parish Hall (29 Crawford St)
Partner: ConnectWell
- 04 July 18, 2023 - Deep River**
Deep River Public Library (55 Ridge Road)
Partner: North Renfrew Family Services

Visit pleo.on.ca
for more information

More than 90% of parents we support feel:

- better able to cope
- better able to support their child
- better able to access the services they need
- less anxious, isolated and stressed

Still have questions? Please call 1-855-775-7005 or email bonnie@pleo.on.ca